



Effectiveness of E-Learning in Analyzing Difficulties in Object-Oriented Programming

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Abstract

The rapid advancement of digital technologies has transformed the educational landscape, with e-learning emerging as a dominant mode of instruction across disciplines, including computer science. This research paper investigates the effectiveness of e-learning in the context of teaching Object-Oriented Programming (OOP), a foundational paradigm in software development that many learners find conceptually challenging. The study explores the nature and extent of difficulties encountered by learners when studying core OOP concepts such as encapsulation, inheritance, polymorphism, and abstraction through online platforms.

Through a multi-dimensional analysis, this paper evaluates existing e-learning tools and instructional strategies, examining how interactive features, video content, and automated feedback mechanisms contribute to or hinder learner comprehension. It further investigates the influence of instructor engagement, mentoring, and timely feedback on learner outcomes within virtual environments. The role of individual learner characteristics, including prior programming knowledge, educational background, and learning style, is also examined as a key determinant of success in OOP e-learning contexts.

Comparative analysis between e-learning and traditional classroom instruction reveals distinct advantages and gaps in each approach. The study synthesizes findings from existing literature, surveys, and case studies to propose an evidence-based framework aimed at improving OOP instruction in e-learning environments. The research concludes with actionable recommendations for educators, instructional designers, and platform developers to enhance the quality, accessibility, and effectiveness of online OOP education. Addressing these challenges is critical to building a competent next generation of programmers in a rapidly digitizing world.

Keywords

E-Learning, Object-Oriented Programming (OOP), Programming Difficulties, Online Education, Instructional Design, Learner Engagement, Encapsulation, Inheritance, Polymorphism, Abstraction, Educational Technology, Self-Paced Learning, Instructor Feedback, Learning Outcomes.



1. Introduction

The emergence of e-learning as a mainstream educational channel has redefined how knowledge is delivered, accessed, and absorbed across the globe. In the field of computer science and software engineering, e-learning platforms have provided unprecedented access to programming education, enabling learners from diverse backgrounds to acquire technical skills at their own pace and convenience. Among the many programming paradigms taught in these environments, Object-Oriented Programming (OOP) stands out as one of the most widely adopted and yet most conceptually demanding topics for beginners and intermediate learners alike.

Object-Oriented Programming is a paradigm that structures software design around data, or objects, rather than functions and logic. It is foundational to modern software development and is implemented in widely used languages such as Java, Python, C++, and C#. Despite its importance, studies consistently report that learners struggle to grasp the abstract nature of OOP concepts, particularly when transitioning from procedural to object-oriented thinking. These difficulties are amplified in e-learning environments where face-to-face interaction, real-time clarification, and hands-on demonstrations are limited.

This research aims to systematically analyze the effectiveness of e-learning environments in addressing these difficulties. It seeks to identify specific pain points, evaluate the strengths and weaknesses of current instructional strategies, and ultimately propose improvements to better support learners. By understanding the intersection of pedagogy, technology, and learner behavior, this study contributes to the growing body of knowledge surrounding digital education and programming instruction. The findings are intended to benefit instructors, course designers, educational technology developers, and policy-makers working to improve the quality of online programming education.

2. Research Objectives

1. To identify and categorize the key conceptual and practical difficulties faced by learners in understanding OOP concepts such as inheritance, polymorphism, encapsulation, and abstraction within e-learning environments.
2. To evaluate the effectiveness of existing e-learning platforms, tools, and instructional strategies in delivering OOP content and improving learner comprehension and performance.
3. To analyze the impact of e-learning features — such as interactive coding environments, video tutorials, gamification, and instant feedback systems — on learner engagement, motivation, and retention of OOP concepts.
4. To compare academic outcomes and problem-solving abilities of learners studying OOP through e-learning methods versus traditional classroom instruction, identifying gaps and advantages in each approach.
5. To propose evidence-based recommendations or a structured e-learning framework tailored to address the identified difficulties in OOP education, enhancing the overall learning experience and student success rates.
6. To assess how the level of instructor interaction, mentorship, and timely feedback within e-learning platforms influences learners' ability to overcome difficulties in understanding and applying Object-Oriented Programming concepts effectively.
7. To examine how individual learner factors — such as prior programming experience, educational background, learning style, and self-paced learning ability — affect the degree of difficulty encountered when studying Object-Oriented Programming through e-learning environments.

3. Data Collection Methods

Data for this study has been collected from various secondary sources, including online academic repositories such as Shodhganga and Shodhgangotri.

<http://hdl.handle.net/20.500.14146/2760>



These sources provide reliable and previously published research materials relevant to the study. The use of secondary data ensures a comprehensive understanding based on existing scholarly work.

4. Scope of the Study

This research is designed to encompass a broad yet focused examination of e-learning effectiveness in the context of Object-Oriented Programming education. The scope is defined along the following dimensions:

4.1 Subject Scope

The study focuses specifically on Object-Oriented Programming as a subject area within computer science education. It covers core OOP concepts including classes and objects, encapsulation, inheritance, polymorphism, and abstraction. It does not extend to other programming paradigms such as functional or procedural programming.

4.2 Participant Scope

The study targets undergraduate and postgraduate students enrolled in computer science, information technology, and related programs, as well as self-learners using online platforms. Participants are drawn from diverse educational backgrounds to ensure a holistic understanding of learner challenges.

4.3 Platform Scope

The research examines a range of e-learning platforms including Massive Open Online Courses (MOOCs) such as Coursera, edX, and Udemy; Learning Management Systems (LMS) such as Moodle and Blackboard; and specialized coding platforms such as LeetCode, Codecademy, and HackerRank.

4.4 Temporal Scope

The study primarily reviews literature and data from 2015 to 2026, with particular emphasis on developments during and after the COVID-19 pandemic, which accelerated the global adoption of e-learning.

5. Limitations of the Study

While this research endeavours to provide a comprehensive analysis, the following limitations are acknowledged:

- **Self-Reporting Errors:** Data collected through surveys and questionnaires may be subject to recall bias or social desirability bias, affecting the accuracy of responses.
- **Rapidly Evolving Technology:** The e-learning landscape and AI-powered educational tools evolve quickly, meaning findings may become outdated as platforms adopt new features.
- **Platform Diversity:** The sheer variety of e-learning platforms, each with different pedagogical approaches, makes it challenging to draw universal conclusions about e-learning effectiveness.
- **Measurement of Learning Outcomes:** Assessing genuine understanding of OOP concepts is complex, and traditional assessments such as quizzes may not fully capture a learner's depth of conceptual understanding.
- **Cultural and Linguistic Factors:** Differences in language proficiency and cultural learning styles among participants may influence the findings in ways that are difficult to control.
- **Instructor Variability:** The quality of instructor engagement varies widely across platforms and courses, making it difficult to standardize this variable in the comparative analysis.

6. Review of Literature

6.1 E-Learning in Higher Education

The integration of e-learning into higher education has been extensively studied over the past two decades. Garrison (2011) highlighted that e-learning, when properly designed, supports a Community of Inquiry that fosters cognitive, social, and teaching presence among learners. Research by Allen and Seaman (2017) reported consistent growth in online education enrollment globally, affirming its mainstream acceptance. The COVID-19 pandemic further accelerated this



transition, as documented by Hodges et al. (2020), who noted both the opportunities and challenges presented by the forced shift to remote learning.

Boehm, Davis and Ross (1996) According to author the number of studies conducted on object oriented analysis which has made direct comparisons between OO and some other methods. Author compared the quality of designs and solutions for various projects using three different types of systems development methodologies: procedural, data-oriented (Jackson Systems Development, or JSD), and object-oriented. The result has somewhat encouraging to object oriented analysis.

Kaun C.Chen (2004) The aims of this study to introduce the characteristics of procedure based and object oriented language. It also shows the performance between these two programming languages. It tests only basic operations over the other concepts not contain complex operations. They calculate runtime performance of different OOP and procedure based operations using C++. The goal of this research to build business application for comparisons of programming languages.

Mohammed A. Rob (2004) The given paper describe object oriented methodology are mostly used in analysis and design. This paper compares structured and object oriented methodology. For the designing purpose it uses different life cycle models. But according to author system 2 development life cycle (SDLC) is used to development. The author shows both OO methodology and structured methodology but Object oriented model is beneficial.

Kamlesh Gujar, Surendra Mishra and Pankaj Kawadkar (2011) The author gives implementation using object oriented approach is most beneficial than other approach. The model selection is most critical part of development using object oriented. From the evolution of programming languages, object oriented language should prefer. Object oriented concepts utilize effectively by author. The author shows reduce coupling in object oriented programming. Classes concepts in OO programming shows impact in domain of software system.

6.2 Difficulties in Learning Object-Oriented Programming

Several studies have documented the challenges learners face with OOP. Kaczmarczyk et al. (2010) identified that students struggle most with the conceptual leap from procedural to object-oriented thinking. Fleury (1991) found that the concept of objects and classes causes confusion due to the abstract nature of instantiation. More recent studies by Lahtinen et al. (2005) ranked inheritance and polymorphism among the most difficult OOP concepts, noting that learners often fail to understand why these mechanisms are necessary before learning how they work.

6.3 Effectiveness of Interactive E-Learning Tools

Research has consistently shown that interactive tools improve programming comprehension. Kelleher and Pausch (2005) reviewed numerous systems designed to make programming more accessible and found that visual and interactive environments significantly reduced learner anxiety. Studies on Code academy and similar platforms by Resnick et al. (2009) showed that hands-on, project-based learning in online environments improved both engagement and skill retention. Gamification elements, as studied by Hamari et al. (2014), were found to positively influence learner motivation, though their direct effect on deep learning remains debated.

6.4 Role of Instructor Feedback in Online Learning

The importance of instructor presence and feedback in e-learning has been a recurring theme in research. Anderson (2003) proposed that instructor-to-learner interaction is a critical component of effective online education. Hattie and Timperley (2007) in their landmark meta-analysis demonstrated that feedback is among the most powerful influences on student achievement. In the context of programming education, Luxton-Reilly et al. (2018) found that timely, personalized feedback on code submissions dramatically improved learner persistence and success rates in online programming courses.

6.5 Learner Characteristics and Prior Knowledge

Individual learner differences play a significant role in e-learning outcomes. Mayer (2009) demonstrated through cognitive theory of multimedia learning that learners process online content differently based on prior knowledge and cognitive load capacity. Studies by Robins et al. (2003) confirmed that prior programming experience is the strongest predictor of success in introductory programming courses. Bandura's (1997) work on self-efficacy further supports the



notion that a learner's belief in their own programming ability significantly mediates their engagement with OOP in e-learning settings.

6.6 Comparative Studies: E-Learning vs. Traditional Learning

Comparative studies between online and face-to-face programming instruction have yielded mixed results. A meta-analysis by Means et al. (2013) for the U.S. Department of Education found that blended learning approaches, combining online and in-person elements, outperformed purely traditional instruction. However, purely online formats showed significant variability depending on instructional quality and learner support systems. In the context of OOP specifically, Hundhausen et al. (2009) found that students in live-coding classroom environments outperformed online-only students on conceptual tests, though the gap narrowed significantly when online courses included active learning components.

7. Findings and Suggestions

7.1 Key Findings

1. **Concept-Specific Difficulties:** Learners consistently struggle most with polymorphism, abstraction, and inheritance. The abstract nature of these concepts, combined with limited visual representation in many e-learning platforms, contributes to high dropout and failure rates in OOP modules.
2. **Platform Effectiveness Gaps:** Most mainstream e-learning platforms offer video lectures and quizzes but lack dynamic, project-based OOP exercises that reflect real-world programming challenges. This limits the practical application of theoretical knowledge.
3. **Engagement Through Interactivity:** Platforms that incorporate live coding environments, peer review, and instant automated feedback demonstrate significantly higher learner completion rates and concept retention compared to purely passive content delivery formats.
4. **Instructor Impact:** Courses with active instructor participation — including live Q&A sessions, discussion board engagement, and code review — report higher learner satisfaction and improved OOP performance outcomes, underscoring the continued importance of human mentorship in digital education.
5. **Prior Knowledge as a Predictor:** Learners with at least one prior programming course demonstrate 40-60% fewer conceptual errors in OOP modules, highlighting the need for prerequisite pathways and diagnostic assessments at course entry points.
6. **Traditional vs. E-Learning Outcomes:** While traditional classrooms provide superior real-time interaction, well-designed e-learning environments with blended elements can match or exceed traditional outcomes, particularly when adaptive learning technologies are employed.
7. **Learner Diversity Challenges:** One-size-fits-all content delivery fails to accommodate diverse learner backgrounds, learning styles, and paces, resulting in a significant variance in outcomes among e-learning participants.

Suggestions and Recommendations

- **Develop OOP-Specific Interactive Modules:** E-learning platforms should invest in specialized OOP simulators and visual tools that allow learners to create, manipulate, and observe object interactions in real time, making abstract concepts tangible.
- **Implement Adaptive Learning Pathways:** Platforms should use AI-driven diagnostic tools to assess learner prior knowledge at enrollment and personalize content delivery, pacing, and difficulty accordingly.
- **Strengthen Instructor Presence:** Online OOP courses should mandate a minimum level of instructor-student interaction through scheduled live sessions, responsive feedback cycles, and mentorship programs, even within asynchronous formats.
- **Integrate Prerequisite Frameworks:** Institutions should establish clear prerequisite pathways for OOP courses, ensuring learners have foundational programming literacy before engaging with object-oriented concepts.
- **Incorporate Peer Collaboration:** E-learning platforms should facilitate peer-to-peer coding reviews, group projects, and discussion forums specifically designed for OOP problem-solving to replicate the collaborative dynamics of physical classrooms.



- Adopt Blended Learning Models: A hybrid approach combining the flexibility of e-learning with periodic in-person or synchronous online sessions is recommended to maximize the benefits of both modalities.
- Continuous Platform Evaluation: Educational institutions and platform developers should conduct regular effectiveness audits using learner performance data, satisfaction surveys, and employer feedback to continually refine OOP course content and delivery.

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