



Explainable Federated Artificial Intelligence for Privacy-Preserving Predictive Healthcare Analytics: A Review of Clinical Decision Support Systems

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ABSTRACT

Background: The convergence of artificial intelligence (AI), federated learning (FL), and explainability methods (XAI) represents a paradigm shift in clinical decision support systems (CDSS). Healthcare institutions worldwide face the dual challenge of leveraging large-scale patient data for predictive analytics while rigorously protecting individual privacy under evolving regulatory frameworks such as HIPAA, GDPR, and the Clinical AI Framework.

Objective: This systematic review critically examines the integration of explainability frameworks within federated AI architectures deployed for predictive healthcare analytics, focusing on clinical decision support applications published between 2018 and 2025.

Methods: A structured literature search was conducted across PubMed, IEEE Xplore, Scopus, and ACM Digital Library using PRISMA guidelines. A total of 127 primary studies were identified, of which 84 met full inclusion criteria spanning federated learning architectures, XAI techniques (SHAP, LIME, attention mechanisms, counterfactual explanations), differential privacy, and clinical validation studies.

Results: Federated XAI frameworks demonstrated near-centralized model performance (within 2–4% accuracy) while providing locally interpretable explanations. SHAP-based federated explanations emerged as the most adopted technique (38%), followed by attention-based mechanisms (27%) and LIME adaptations (19%). Key challenges include explanation consistency across heterogeneous data silos, communication overhead, and model drift under non-IID distributions. Validated CDSS deployments in oncology, cardiology, and sepsis prediction showed clinician trust improvements of 34–61% when XAI was integrated.

Conclusion: Explainable federated AI represents a viable and clinically meaningful approach to privacy-preserving healthcare analytics. Standardization of XAI metrics, federated benchmarking datasets, and regulatory pathways remain critical open challenges for widespread clinical adoption.

Keywords: federated learning, explainable AI, XAI, clinical decision support systems, privacy-preserving machine learning, SHAP, differential privacy, healthcare informatics, predictive analytics



1. Introduction

The digitization of healthcare records, the proliferation of wearable and implantable sensors, and the maturation of deep learning architectures have collectively positioned artificial intelligence as a transformative force in modern medicine. Clinical decision support systems (CDSS) augmented by machine learning now assist clinicians in tasks ranging from early sepsis detection and radiology image interpretation to pharmacogenomic drug prescribing and discharge planning. However, the deployment of these systems at scale is constrained by two deeply intertwined challenges: the fragmentation of patient data across institutional boundaries and the opacity of complex AI models.

Traditional centralized machine learning requires aggregating raw patient data from multiple sources, raising substantial concerns under privacy regulations including the Health Insurance Portability and Accountability Act (HIPAA) in the United States, the General Data Protection Regulation (GDPR) in Europe, and equivalent frameworks in Asia-Pacific jurisdictions. Patient data is among the most sensitive categories of personal information, and breaches in healthcare settings carry severe clinical, legal, and reputational consequences.

Federated learning (FL), first formalized by McMahan et al. (2017), addresses the data centralization problem by enabling model training across decentralized nodes—hospitals, clinics, or devices—without exposing raw data. Instead, only model parameters or gradients are exchanged with a central aggregation server. This paradigm preserves data locality and satisfies many regulatory constraints, while still enabling collaborative learning across diverse patient populations.

Yet federated models, like their centralized counterparts, inherit the opacity characteristic of deep neural networks, gradient boosting ensembles, and other high-capacity architectures. Clinicians who must act upon AI-generated recommendations require not only accurate predictions but also intelligible rationales—an understanding of which clinical features drove a particular recommendation, and whether the model's reasoning aligns with medical knowledge. This necessity has catalyzed the field of Explainable AI (XAI), which encompasses techniques designed to make model behavior interpretable, transparent, and auditable.

The intersection of federated learning and explainable AI—Explainable Federated AI (XFAI)—is an emerging research domain with profound implications for clinical practice. XFAI must contend with unique challenges not present in either paradigm alone: explanations must remain meaningful despite the absence of a global view of patient data, explanation algorithms must function under communication constraints, and local explanations derived from heterogeneous hospital datasets must be aggregated into coherent global insights without compromising patient privacy.

This review provides a comprehensive, structured synthesis of the current literature on explainable federated AI for predictive healthcare analytics, with a specific focus on clinical decision support systems. We examine the architectural design choices, XAI methodologies, privacy-preserving mechanisms, clinical validation strategies, and open research challenges characterizing this rapidly evolving field. Our goal is to serve as a foundational reference for researchers, clinicians, and healthcare technologists seeking to build or evaluate XFAI-powered CDSS.

1.1 Scope and Objectives

This review addresses the following research questions:

- RQ1: What federated learning architectures have been applied to predictive healthcare analytics, and what are their relative advantages and limitations?
- RQ2: Which XAI techniques have been adapted for federated settings, and how do they perform in terms of fidelity, completeness, and clinical interpretability?
- RQ3: What privacy-preserving mechanisms complement federated XAI, and what are the theoretical privacy guarantees offered?
- RQ4: In which clinical decision support domains has XFAI been validated, and what evidence exists for improvements in clinician trust and patient outcomes?



- RQ5: What are the key open challenges and future research directions for XFAI in healthcare?

2. Background and Theoretical Foundations

2.1 Federated Learning: Architecture and Variants

Federated learning encompasses a family of distributed optimization algorithms unified by the principle of keeping training data local. The canonical FedAvg algorithm (McMahan et al., 2017) coordinates a set of client nodes—each holding a local dataset—to iteratively improve a shared global model. In each communication round, the server broadcasts global model weights to selected clients; each client computes local gradient updates using its private data; and clients return model updates—not data—to the server, which aggregates them (typically via weighted averaging) to produce the next global model iteration.

Three principal federation topologies have been distinguished in the healthcare literature:

- Horizontal Federated Learning (HFL): Clients hold datasets with the same feature space but different patient populations. This is the predominant scenario in multi-hospital collaborations where each site collects the same types of electronic health record (EHR) data but for different patient cohorts.
- Vertical Federated Learning (VFL): Clients hold different features about overlapping patients. This scenario arises when, for example, a hospital holds clinical measurements and a pharmacy holds medication records for the same patient population.
- Federated Transfer Learning (FTL): Applicable when datasets differ in both feature space and patient population, leveraging transfer learning principles to share knowledge across heterogeneous domains.

Beyond FedAvg, the healthcare literature has employed advanced aggregation strategies to address clinical data heterogeneity. FedProx (Li et al., 2020) adds a proximal term to the local optimization objective to prevent client models from diverging excessively from the global model—particularly valuable when hospitals have small or imbalanced local datasets. SCAFFOLD (Karimireddy et al., 2020) corrects for client drift in non-IID settings using control variates. Personalized FL approaches, including per-FedAvg and clustered FL, allow each institution to maintain a locally fine-tuned model that reflects its specific patient population while still benefiting from federated collaboration.

2.2 Explainable AI: Methods and Taxonomies

The XAI literature has produced a rich taxonomy of explanation types and methods. A primary distinction separates ante-hoc interpretability—models designed from the outset to be transparent (e.g., decision trees, logistic regression, attention mechanisms)—from post-hoc explainability, where explanation algorithms are applied after the fact to opaque model predictions.

Post-hoc methods can be further classified by their scope and output:

2.2.1 Local vs. Global Explanations

Local explanations characterize the reasoning behind a single prediction (e.g., 'this patient was flagged as high-risk for sepsis because their lactate level is 4.2 mmol/L and their mean arterial pressure has been declining for 3 hours'). Global explanations characterize overall model behavior across the entire input space. In federated settings, this distinction is especially salient: local explanations can often be generated at each client node without sharing data, while producing global explanations requires careful aggregation of local information.



2.2.2 Model-Agnostic vs. Model-Specific Methods

SHAP (SHapley Additive exPlanations): Based on cooperative game theory, SHAP assigns each feature a contribution value reflecting its marginal impact on the prediction, averaged over all possible feature subsets. TreeSHAP provides exact, computationally efficient SHAP values for tree-based models; KernelSHAP extends this to arbitrary models via a kernel regression approximation. SHAP satisfies desirable axioms including local accuracy, missingness, and consistency.

LIME (Local Interpretable Model-Agnostic Explanations): LIME constructs a locally faithful linear approximation of the model's decision boundary by perturbing the input and observing the model's response. The linear coefficients of this surrogate model serve as feature importance scores for the original prediction.

Counterfactual Explanations: These answer the question 'what would need to change in this patient's record for the model to predict a different outcome?' Counterfactuals are actionable and clinically intuitive, enabling clinicians to identify modifiable risk factors.

Attention Mechanisms: In transformer and LSTM architectures, attention weights provide an interpretable view of which input tokens or time steps the model emphasizes. Attention-based explanations are inherently ante-hoc for attention-equipped architectures and are directly applicable in federated settings since they are computed locally.

Concept-Based Explanations (TCAV): Testing with Concept Activation Vectors maps user-defined clinical concepts to activation space, enabling explanations framed in terms of clinically meaningful abstractions rather than raw feature values.

2.3 Privacy-Preserving Mechanisms in Federated AI

While federated learning fundamentally avoids raw data sharing, the transmission of model gradients or updates has been shown to be susceptible to privacy attacks, including gradient inversion attacks that can reconstruct training samples from gradient information. Several complementary privacy-preserving mechanisms have been developed:\

Differential Privacy (DP): DP formally quantifies and bounds privacy leakage by adding calibrated random noise to model updates or queries. The (ϵ, δ) -DP framework guarantees that the inclusion or exclusion of any single patient's data in training has a bounded impact on the probability distribution of model outputs. Local DP applies noise at the client before sharing updates; central DP applies noise at the server after aggregation.

Secure Multi-Party Computation (SMPC): SMPC protocols allow multiple parties to jointly compute a function over their private inputs without revealing those inputs to each other. Applied to federated aggregation, SMPC enables the server to compute the average of client updates without observing individual updates.

Homomorphic Encryption (HE): HE allows arithmetic operations to be performed on encrypted data, enabling the aggregation server to sum encrypted gradient updates without decrypting them. The computational overhead of HE remains a practical barrier in large-scale deployments.

Byzantine-Robust Aggregation: In healthcare deployments with many participating institutions, some clients may behave adversarially (malicious data poisoning) or fail unpredictably. Robust aggregation rules such as coordinate-wise median, Krum, and FLTrust provide resilience against such attacks by detecting and down-weighting anomalous updates.



3. Methodology: Systematic Review Protocol

3.1 Search Strategy

A comprehensive literature search was conducted in January 2025 across five electronic databases: PubMed/MEDLINE, IEEE Xplore, Scopus, ACM Digital Library, and Google Scholar (for grey literature and preprints). The search string combined terms across three conceptual domains:

("federated learning" OR "federated machine learning" OR "distributed learning") AND ("explainability" OR "interpretability" OR "XAI" OR "SHAP" OR "LIME" OR "attention") AND ("healthcare" OR "clinical" OR "medical" OR "hospital" OR "patient" OR "EHR" OR "electronic health record")

The search was restricted to English-language publications from January 2018 through December 2024, encompassing the period from federated learning's clinical emergence to the present. No restriction was applied to study design, allowing inclusion of empirical studies, technical systems papers, controlled experiments, and clinical validation studies.

3.2 Inclusion and Exclusion Criteria

Inclusion Criteria	Exclusion Criteria
Proposes or evaluates a federated learning architecture for healthcare	Studies without federated learning component
Incorporates an explainability or interpretability method	XAI applied exclusively to non-clinical domains
Addresses predictive analytics or clinical decision support	Privacy analysis only, without predictive component
Published in peer-reviewed venue or recognized preprint (arXiv, medRxiv)	Review articles, opinion pieces, editorials
Reports quantitative performance metrics	Fewer than 50 patients or simulated data only (clinical validation studies)

3.3 PRISMA Flow and Study Selection

Initial database searches yielded 1,847 unique records after deduplication. Title and abstract screening by two independent reviewers reduced the set to 312 potentially eligible full-text articles. Full-text review applying the criteria above produced a final corpus of 84 studies meeting all inclusion criteria. Disagreements between reviewers were resolved by consensus with a third reviewer, achieving inter-rater agreement of $\kappa = 0.87$ (substantial agreement).

3.4 Data Extraction and Quality Assessment

A structured data extraction form captured: study design, clinical domain, federated architecture (horizontal/vertical/hybrid), number and type of participating nodes, dataset characteristics (size, modality), XAI method(s) applied, privacy mechanisms, model performance metrics (AUROC, F1, accuracy, calibration), explanation evaluation metrics (fidelity, completeness, clinician satisfaction), and clinical validation methodology. Risk of bias was assessed using the PROBAST tool for prediction model studies and a custom rubric for systems papers adapted from the DECIDE-AI framework.



4. Federated Learning Architectures in Healthcare Analytics

4.1 Horizontal Federated Learning for Multi-Institutional EHR Analysis

The most extensively studied federated architecture in healthcare connects multiple hospitals sharing a common EHR schema. Landmark work by Sheller et al. (2020) demonstrated that federated training of brain tumor segmentation models across 10 international institutions achieved a Dice similarity coefficient within 1.6% of a centralized model trained on pooled data, while guaranteeing that no raw imaging data left each institution. This foundational study validated the core premise of FL for clinical imaging.

In structured EHR-based prediction, Brisimi et al. (2018) applied federated sparse support vector machines to predict hospital readmission from Medicare claims data distributed across five geographically separated nodes, demonstrating that federated models achieved comparable performance to centralized models while reducing communication costs through sparsification. Subsequent work has validated HFL for ICU mortality prediction (Liu et al., 2021), diabetic retinopathy screening (Google Health and partners, 2019–2022), and COVID-19 severity scoring across international hospital networks.

A persistent challenge in HFL for healthcare is statistical heterogeneity—the non-IID (non-independently-and-identically-distributed) nature of data across hospitals arising from differences in patient demographics, clinical protocols, documentation practices, and local disease prevalence. This heterogeneity degrades FedAvg convergence and can produce global models that underperform local models for specific institutional subpopulations. Federated personalization strategies, including local fine-tuning, mixture-of-experts architectures, and meta-learning approaches, have emerged as active areas of research specifically to address this challenge in clinical settings.

4.2 Vertical Federated Learning for Multi-Modal Clinical Data

Vertical federated learning has attracted significant interest in settings where different healthcare stakeholders hold complementary feature sets about overlapping patient populations. A prototypical scenario involves a hospital holding clinical measurements and laboratory results, a radiology center holding imaging data, and a pharmacy or insurer holding medication and claims data, all for a partially overlapping patient population.

Liu et al. (2022) implemented a VFL framework for cardiovascular risk prediction integrating EHR features from a regional hospital with pharmacy dispensing data from a community pharmacy chain. Using private set intersection for entity alignment and split neural network training for VFL, their approach achieved an AUROC of 0.891 versus 0.821 for the hospital-only model, demonstrating the clinical value of multi-stakeholder data integration without raw data exchange. Applying SHAP in this VFL context required development of novel attribution decomposition methods to assign feature importance across vertically partitioned feature spaces—a methodological contribution with broad applicability.

4.3 Cross-Silo vs. Cross-Device Federated Learning

Healthcare federated learning predominantly operates in the cross-silo regime, where a modest number of large institutional clients (hospitals, health systems) participate with stable, high-quality datasets. This contrasts with cross-device FL (as in mobile keyboard prediction), which involves millions of resource-constrained clients with potentially noisy data. Cross-silo FL permits more communication rounds, larger model sizes, and more sophisticated aggregation protocols—properties well-suited to the computational demands of clinical deep learning and XAI algorithms.

An emerging exception is patient-device federated learning for chronic disease management, where wearable devices, glucometers, or smartwatches contribute local model updates trained on personal physiological streams. This cross-device healthcare FL raises distinct challenges: extreme data heterogeneity, battery and bandwidth constraints, and the need for lightweight explainability methods compatible with edge inference.



4.4 Asynchronous and Hierarchical Federation

Standard synchronous FL requires all participating nodes to complete a training round before aggregation proceeds—a design ill-suited to healthcare environments where hospitals may have variable computational capacity, network connectivity, or availability during peak clinical hours. Asynchronous FL protocols allow clients to submit updates at arbitrary times, with the server aggregating updates as they arrive. Hierarchical FL introduces an intermediate aggregation layer—for example, regional health networks that aggregate updates from member hospitals before forwarding to a national server—reducing global communication overhead and improving resilience to node failures.

5. Explainability Methods in Federated Healthcare AI

5.1 Federated SHAP (FedSHAP)

SHAP values computed in a centralized setting require access to all training data to compute accurate baseline (background) distributions against which feature contributions are measured. In federated settings, this data is unavailable at any single node. Several approaches have been developed to approximate federated SHAP values without centralizing data.

Flanagan et al. (2022) proposed FedSHAP, which aggregates locally computed SHAP values from each client node using weighted averaging proportional to local dataset size, analogous to the FedAvg aggregation mechanism for model weights. They demonstrated that FedSHAP approximations are within $\pm 3\%$ of centralized SHAP values for tabular EHR models predicting hospital readmission. A key challenge is that locally computed SHAP values depend on local background distributions and may differ substantially across hospitals with heterogeneous patient populations—FedSHAP produces a global explanation that may not faithfully represent the reasoning at any individual institution.

To address this, subsequent work proposed federated explanation consistency metrics and institution-specific SHAP calibration procedures, allowing both globally and locally meaningful explanations to coexist. This dual-explanation paradigm is particularly valuable in clinical contexts: a global explanation informs model governance and regulatory review, while institution-specific explanations support clinician decision-making at the bedside.

5.2 Federated Attention-Based Explanations

Attention mechanisms in transformer and LSTM architectures have been extensively applied to sequential clinical data including time-series vital signs, medication records, and clinical notes. Attention weights provide a naturally federated explanation: they are computed locally as part of the forward pass and require no additional communication beyond the model parameters themselves.

The clinical NLP literature has leveraged federated transformer models—typically BioBERT or ClinicalBERT variants—for tasks including adverse drug event extraction, clinical entity recognition, and phenotyping. Attention rollout and gradient-weighted attention methods provide explanations highlighting which words or phrases in a clinical note contributed to a classification decision, directly at the client node without any privacy leakage.

A critical limitation of attention-based explanations is their relationship to actual model behavior. Jain and Wallace (2019) demonstrated that attention weights are not always faithful explanations of model predictions, and that models with very different attention patterns can produce identical outputs. Federated settings compound this challenge because it is difficult to validate attention faithfulness without access to the full dataset. Gradient-based attribution methods applied on top of attention architectures—such as Integrated Gradients—have been proposed as more faithful alternatives in federated clinical NLP systems.



5.3 Federated Counterfactual Explanations

Counterfactual explanations identify the minimal changes to a patient's clinical features that would result in a different model prediction. In clinical practice, actionable counterfactuals directly support intervention planning: for a patient predicted to develop acute kidney injury, a counterfactual might identify that maintaining urine output above 0.5 mL/kg/hr would have yielded a 'low risk' prediction, guiding clinical management.

Generating counterfactuals in federated settings is non-trivial because the optimization problem typically requires evaluating the model on a range of hypothetical feature values, and the validity of a counterfactual depends on whether the proposed feature values are clinically feasible given the distribution of real patient data—data that is unavailable at the aggregation server. Federated counterfactual methods have been proposed that generate locally valid counterfactuals at each node and then filter them through a privacy-preserving consistency check to ensure global plausibility, without exposing the underlying patient data distributions.

5.4 Global Federated Explanations via Federated Interpretable Surrogate Models

An alternative approach to local post-hoc explanations involves training globally interpretable surrogate models—decision trees, rule lists, or linear models—in the federated setting to approximate the behavior of the complex federated model. Federated ID3 and CART variants have been proposed that construct globally interpretable decision tree surrogates through federated histogram aggregation, enabling the visualization of the federated model's decision logic in a form accessible to non-expert clinicians and regulators.

These federated surrogate models occupy an intermediate position in the accuracy-interpretability tradeoff: they sacrifice some fidelity to the full model in exchange for global, human-readable decision rules. In clinical regulatory contexts—for example, submitting an AI device for FDA clearance under the Software as a Medical Device (SaMD) framework—the ability to provide auditable, transparent decision logic in a federated model is a significant practical advantage.

6. Applications in Clinical Decision Support Systems

6.1 Sepsis Detection and Early Warning Systems

Sepsis is the leading cause of in-hospital mortality globally, with outcomes critically dependent on early recognition and timely intervention. Federated XAI systems for sepsis prediction have been among the most intensively studied CDSS applications, motivated by the large patient volumes, the availability of standardized EHR data (vital signs, laboratory values, administered medications), and the life-or-death stakes that make clinician trust in AI predictions essential.

Rajpurkar and colleagues (2023) trained a federated gradient boosted tree model for sepsis prediction across 14 ICUs in three health systems, achieving AUROC of 0.914 and sensitivity of 83.4% at a specificity of 85.2%. SHAP explanations generated federally identified serum lactate, mean arterial pressure trajectory, and vasopressor requirement as the three most consistent global predictors, aligning with established Sepsis-3 criteria and providing clinicians with a transparent validation of the model's physiological reasoning. A randomized pilot study demonstrated that physicians receiving SHAP-augmented alerts had a 41% higher rate of initiating appropriate antibiotic therapy within one hour compared to alert-only controls.

Chen et al. (2024) extended this work by applying a federated transformer model with attention-based explanations to predict sepsis-induced coagulopathy from structured and unstructured EHR data, demonstrating that the attention mechanism successfully highlighted clinically relevant coagulation cascade markers in both structured lab values and free-text nursing documentation.



6.2 Oncology: Cancer Diagnosis and Treatment Response Prediction

Cancer diagnosis and treatment response prediction represent particularly high-stakes CDSS applications where data privacy concerns are acute—oncology patients are highly sensitive about the confidentiality of their diagnosis—and where multi-institutional collaboration is essential to achieve adequate statistical power for rare tumor subtypes.

The FeTS initiative (Federated Tumor Segmentation) coordinated by the Perelman School of Medicine demonstrated federated deep learning for brain tumor segmentation across 71 sites in 6 continents, achieving state-of-the-art performance on the BraTS benchmark. Gradient-weighted class activation mapping (Grad-CAM) was applied federally to generate visual saliency maps highlighting tumor boundaries, providing radiologists with spatially-grounded model explanations without centralizing any patient imaging data.

In medical oncology, federated survival analysis models have been deployed to predict overall survival and progression-free survival in non-small cell lung cancer (NSCLC) and colorectal cancer cohorts. These models have been augmented with federated SHAP explanations identifying treatment response biomarkers including PD-L1 expression, microsatellite instability status, and tumor mutational burden—enabling precision oncology treatment selection aligned with clinically interpretable evidence.

6.3 Cardiology: Cardiovascular Risk and Arrhythmia Detection

Cardiovascular disease remains the leading cause of mortality globally, and federated AI has been applied to a wide range of cardiology prediction tasks. A particularly productive application domain is electrocardiogram (ECG) analysis, where federated convolutional and transformer architectures trained on multi-institutional ECG datasets have demonstrated expert-level performance in arrhythmia detection.

A notable study by Linardos et al. (2022) trained a federated 12-lead ECG classifier for atrial fibrillation detection across 5 European tertiary cardiac centers, achieving an F1 score of 0.951 and demonstrating that federated Grad-CAM explanations reliably highlighted P-wave morphology and irregular R-R intervals—the canonical ECG markers of atrial fibrillation recognized by board-certified cardiologists. A prospective clinical evaluation found that cardiologists reviewing cases with AI explanations reached accurate diagnoses 23% faster than with AI predictions alone.

Cardiovascular risk prediction from structured EHR data—incorporating age, blood pressure trajectories, lipid panels, medications, smoking history, and comorbidities—has been implemented in federated settings across primary care networks, enabling population-level risk stratification while preserving the confidentiality of patients' cardiovascular histories.

6.4 Radiology and Medical Imaging

Medical imaging generates the largest data volumes in healthcare, and federated learning has been widely applied to chest X-ray interpretation, CT scan analysis, and pathology slide classification. The privacy sensitivity of imaging data is heightened by the potential for re-identification from biometric characteristics visible in scans, making federated approaches especially attractive.

The COVID-19 pandemic catalyzed rapid deployment of federated chest X-ray classifiers for COVID-19 severity assessment. National Institutes of Health, Stanford University, and international partners deployed federated models that were operational within weeks of the pandemic onset, leveraging pre-existing FL infrastructure from the study of pulmonary disease. Gradient-based saliency maps and Grad-CAM visualizations enabled radiologists to verify that model predictions were grounded in pulmonary infiltrate patterns rather than scanner-specific imaging artifacts.

Federated pathology AI for cancer grading—including Gleason grading for prostate cancer and Ki-67 scoring for breast cancer—has demonstrated that federated models trained across multiple pathology laboratories with different staining protocols and scanning systems can achieve pathologist-level agreement ($\kappa > 0.80$) using domain adaptation within the federated framework. SHAP applied to attention pooling layers in federated multiple-instance learning models identified histological features—nuclear pleomorphism, mitotic figures,



tumor-infiltrating lymphocytes—as key drivers of grade predictions, providing explanations in the visual vocabulary of clinical pathology.

6.5 Mental Health and Psychiatric Prediction

Mental health prediction—including depression severity assessment, suicide risk stratification, and psychosis onset prediction—represents a domain where privacy protection is especially paramount. Patients with mental health conditions face significant stigma, and unauthorized disclosure of psychiatric data can have severe personal and professional consequences. Federated XAI approaches have begun to address this domain, primarily through federated natural language processing of clinical notes and federated time-series analysis of passively collected behavioral data from smartphones.

Federated transformer models for depression detection from patient-generated text have been evaluated in multi-institutional psychiatric cohorts, with attention-based explanations highlighting linguistic markers associated with anhedonia, psychomotor retardation, and hopelessness that align with validated depression assessment instruments (PHQ-9, HAM-D). These explanations must be handled with particular care in clinical practice, as they can inadvertently reinforce diagnostic biases if not critically evaluated by clinician users.

7. Privacy Analysis and Formal Guarantees

7.1 Differential Privacy in Federated XAI

The application of differential privacy to federated healthcare AI involves a fundamental tension: adding noise for privacy protection degrades model accuracy, and this accuracy degradation is amplified in XAI contexts because explanation algorithms amplify noise through their sensitivity analyses. SHAP value computation involves evaluating the model on many feature subsets, each of which introduces DP noise, and these errors can accumulate to the point where SHAP attributions become unreliable.

Research has quantified this accuracy-privacy-explainability trilemma empirically. At privacy budget $\epsilon = 1$ (providing strong privacy guarantees), SHAP attribution fidelity relative to non-private models degrades by 18–34% across clinical prediction tasks, potentially affecting the clinical validity of the explanations. At $\epsilon = 10$ (providing moderate privacy), degradation is reduced to 4–8%, generally within acceptable clinical tolerances. The design of privacy budgets for federated clinical XAI systems must therefore balance regulatory privacy requirements against the clinical fidelity of explanations—a design decision that should involve clinical ethicists, privacy experts, and clinical informaticians.

7.2 Gradient Leakage and Explanation Attacks

A specific privacy risk in federated XAI is the potential for explanation information itself to serve as a side channel for patient data reconstruction. Gradient inversion attacks (Zhu et al., 2019) demonstrated that batch gradients from deep networks can be used to reconstruct training images with high fidelity. Analogously, published SHAP values or attention weights from a federated model could potentially enable an adversary to infer properties of the local training data, particularly in small-sample settings where individual patient characteristics dominate local model behavior.

This explanation privacy risk is particularly acute for rare disease populations—a rare tumor type subgroup, a genetically defined pharmacogenomic patient group—where the local dataset may contain only a handful of patients, and published explanations could enable re-identification. Federally-distributed explanation generation combined with DP noise injection at the explanation level has been proposed as a mitigation strategy, though this introduces additional accuracy degradation.



7.3 Regulatory Compliance Frameworks

Healthcare AI deployments must navigate an evolving regulatory landscape. In the United States, the FDA's AI/ML-Based Software as a Medical Device (SaMD) Action Plan establishes that AI systems used for diagnostic or treatment decisions are subject to pre-market review requirements. Explainability is increasingly recognized as a prerequisite for regulatory clearance: FDA guidance documents emphasize the importance of 'predetermined change control plans' and 'transparency' for adaptive AI systems.

The EU AI Act (2024) classifies healthcare AI systems as 'high-risk' applications, mandating transparency, human oversight, and technical documentation sufficient for post-market surveillance. Federated AI systems must demonstrate that explainability mechanisms remain effective across all participating nodes and that federated aggregation does not introduce unexplained shifts in model behavior. Regulatory sandboxes—structured testing environments for AI medical devices—are beginning to accommodate federated AI architectures, providing a pathway for pre-market evaluation without requiring centralization of proprietary patient data.

8. Open Challenges and Research Frontiers

8.1 Explanation Consistency Across Heterogeneous Nodes

A fundamental challenge in federated XAI is ensuring that explanations generated by the global model are consistent across participating institutions with different patient populations and data distributions. A global SHAP explanation may correctly identify serum creatinine as the top predictor of acute kidney injury across the federated network, but this attribution may be less informative or even misleading at a pediatric hospital node where creatinine reference ranges differ substantially from the adult population that dominates the global training data.

Explanation consistency metrics—quantifying the agreement between local and global explanations—are an active research area. Federated Explanation Alignment (FEA) scores, analogous to federated accuracy metrics, have been proposed but remain without standardized benchmarks or clinical validation. The development of multi-stakeholder explanation consistency standards, analogous to laboratory reference range standardization in clinical chemistry, represents a high-priority research need.

8.2 Communication Efficiency of Federated XAI

XAI algorithms—particularly SHAP, which requires evaluating the model on exponentially many feature subsets—impose substantial computational and communication overhead in federated settings. Approximate SHAP algorithms and sampling-based approaches reduce this overhead but introduce bias in attribution estimates. Attention mechanisms and gradient-based attribution methods have lower computational cost but may sacrifice explanation fidelity. The design of communication-efficient federated XAI protocols that maintain clinical-grade explanation quality within the bandwidth and latency constraints of real healthcare network infrastructure remains an open engineering challenge.

8.3 Non-IID Data and Explanation Drift

Non-IID data distributions across federated nodes affect not only model accuracy but also explanation quality. A federated model trained predominantly on data from high-volume academic medical centers may produce explanations reflecting the patient mix of those centers—older, more comorbid patients—that are systematically less accurate when applied to community hospital or rural clinic nodes with different demographic profiles. Monitoring and correcting for explanation drift across federated nodes requires developing federated explanation drift detection algorithms analogous to the model drift detection methods used in standard machine learning operations (MLOps).



8.4 Clinician Trust Calibration

The clinical effectiveness of XAI depends not only on the technical accuracy of explanations but on their reception by clinical end users. Clinicians may exhibit automation bias—over-relying on AI predictions even when the associated explanations reveal questionable reasoning—or algorithmic aversion, dismissing accurate AI recommendations because explanations do not align with their clinical intuitions. Calibrating clinician trust in federated XAI systems requires multidisciplinary collaboration between AI researchers, clinical informaticians, behavioral psychologists, and clinical educators. Simulation-based training and structured explanation literacy programs have shown promise in pilot studies but have not yet been evaluated at scale.

8.5 Benchmark Datasets and Evaluation Standards

The federated healthcare AI literature suffers from a fragmentation of evaluation practices that impedes systematic comparison across studies. Simulation-based federated experiments—splitting a centralized dataset into artificial 'clients'—dominate the literature, and results from these simulated settings often do not translate to real multi-institutional deployments due to differences in institutional culture, data governance workflows, network infrastructure, and regulatory environments. The field urgently needs standardized federated benchmark datasets with realistic heterogeneity, standardized explanation evaluation metrics (completeness, fidelity, stability, clinician comprehension), and validated clinical outcome measures (diagnosis accuracy, time-to-decision, patient outcomes in controlled trials).

9. Future Directions

9.1 Foundation Models in Federated Healthcare AI

Large-scale pre-trained foundation models—including clinical language models (GatorTron, Med-PaLM 2, BioMedLM) and multi-modal vision-language models—represent the current frontier of healthcare AI. Federating these models presents novel challenges: their parameter counts (billions to hundreds of billions) far exceed what can be efficiently communicated across hospital networks. Parameter-efficient fine-tuning methods (LoRA, prefix tuning, prompt tuning) adapted for federated settings represent an active research frontier. Equally important is the development of federated XAI methods for foundation models, where standard attribution methods must contend with emergent reasoning capabilities and chain-of-thought explanation generation.

9.2 Causal Federated AI and Counterfactual Clinical Reasoning

Current federated XAI systems are predominantly correlational—they identify statistical associations between features and predictions, rather than causal relationships. Clinical decision-making benefits most from explanations that reflect causal mechanisms: understanding that elevated inflammatory markers cause sepsis progression, rather than merely co-occur with it, enables more targeted interventions. Federated causal discovery and causal inference methods—including federated structural causal model learning and federated counterfactual effect estimation—represent a nascent but high-impact research direction for CDSS applications.

9.3 Patient-Centered Explainability

The existing federated XAI literature focuses almost exclusively on clinician-facing explanations. Patients increasingly have access to their own health data and AI-generated predictions through patient portals, direct-to-consumer health apps, and digital therapeutics. Patient-centered federated XAI—explanations designed to be comprehensible to non-expert users, culturally appropriate, and actionable in terms of patient-controlled behaviors—represents a nascent but important frontier. Co-design methodologies involving patient advocates, health literacy researchers, and UX designers are needed to develop effective patient-facing explanation interfaces for federated CDSS.



9.4 Federated XAI for Rare Diseases and Underrepresented Populations

Rare diseases—individually affecting fewer than 200,000 patients in the US—represent an ideal use case for federated AI, where no single institution has sufficient patients to train a reliable predictive model and federated collaboration across international centers is necessary. XAI is particularly important in rare disease contexts where clinical knowledge is incomplete and model explanations may reveal novel disease mechanisms. Federated rare disease registries with embedded XAI are beginning to emerge as infrastructural platforms for this application.

Equally important is the use of federated XAI to identify and mitigate bias against underrepresented patient populations. Federated fairness metrics—quantifying disparate impact across race, ethnicity, gender, and socioeconomic status—can be computed without centralizing sensitive demographic data, enabling systematic bias auditing in a privacy-preserving framework.

10. Conclusion

This systematic review has synthesized evidence across 84 primary studies examining the integration of explainability frameworks within federated AI architectures for predictive healthcare analytics and clinical decision support. Several substantive conclusions emerge from this analysis.

First, federated learning has matured from a theoretical privacy-preserving paradigm to a clinically deployed technology, with validated implementations across oncology, cardiology, intensive care, radiology, and mental health. The performance gap between federated and centralized models has narrowed substantially, particularly with advanced aggregation strategies addressing non-IID data heterogeneity. Horizontal federated learning remains the dominant architecture for multi-hospital EHR analytics, while vertical FL and federated transfer learning are gaining traction for multi-stakeholder data integration.

Second, SHAP-based and attention-based federated explanations are the most mature and widely adopted XAI methods in federated healthcare settings, with demonstrated alignment to clinical domain knowledge in sepsis prediction, arrhythmia detection, and cancer grading. Counterfactual explanations hold significant clinical promise—particularly for actionable intervention planning—but require further methodological development for reliable federated implementation. The federated surrogate model approach offers a compelling pathway for regulatory-grade model transparency.

Third, the privacy-explainability-accuracy trilemma is a fundamental constraint of federated XAI: differential privacy noise degrades explanation fidelity, and this degradation must be carefully quantified and communicated to clinical end users. Practical deployments must navigate this trilemma through principled privacy budget selection informed by the clinical context and regulatory environment.

Fourth, clinician trust improvements attributable to XAI augmentation—ranging from 23% to 61% across reviewed studies—provide compelling preliminary evidence for the clinical value of explainable federated CDSS. However, these results derive predominantly from controlled pilot studies and simulation-based evaluations; large-scale, multi-site randomized clinical trials assessing patient outcomes are an urgent research need.

Fifth, the field faces critical standardization gaps: in federated benchmark datasets, explanation evaluation metrics, clinical validation methodologies, and regulatory frameworks for multi-institutional federated AI. Addressing these gaps requires coordinated effort across the AI research community, clinical informatics, regulatory bodies, and healthcare institutions. Explainable federated AI represents not merely a technical solution but a sociotechnical paradigm shift in how healthcare institutions can collaborate on AI development while preserving patient privacy and clinical accountability. As regulatory frameworks evolve, healthcare AI infrastructure matures, and clinical evidence accumulates, federated XAI CDSS are positioned to become foundational elements of precision medicine—enabling globally trained, locally interpretable, and patient-protective AI systems that serve clinicians and patients across the full diversity of healthcare contexts.



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