



## Role of Honeybee Venom in Treatment of Various Diseases and Disorders

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### ABSTRACT:

Apitherapy is an alternate therapy that relies on the usage of honeybee products, most importantly bee venom for the treatment of many human diseases. Venom can be introduced into the human body by manual injection or by direct bee stings. Bee venom contains several active molecules such as peptides and enzymes that have advantageous potential in treating inflammation and central nervous system diseases, such as Parkinson's disease, Alzheimer's disease and sclerosis. Moreover, bee venom has shown promising benefits against different types of cancer as well as anti-viral activity, even against the Arthritis. Many studies described biological activities of bee venom components and launched preclinical trials to improve the potential use of apitoxin and its constituents as the next generation of drugs. The aim of this review is to summarize the main compounds of bee venom, their primary biological properties, mechanisms of action, and their therapeutic values in alternative therapy strategies.

Keywords: Bee venom, apitoxin, apitherapy, Parkinson's disease, Alzheimer's disease, sclerosis, arthritis, cancer



## 1)INTRODUCTION:

Bees have provided several products to humans, such as honey, beeswax, pollen, royal jelly, and propolis.[1]They also pollinate a wide variety of agricultural crops [2]. Although bees are extremely beneficial to crops and humans, they do present a danger due to their ability to inflict painful and toxic stings [3]. Fortunately, most honeybees are not aggressive towards humans and only attack when they feel threatened. However, due to the human introduction of the Africanized bee, a hybrid with highly aggressive behaviour, massive bee sting attacks have markedly increased and are now endemic in most of the Americas [4]. Standardized medical approaches exist for handling cases, where victims allergic to venom components are stung by bees, or where milder envenoming's are caused by only a few bee stings. Yet, no antivenom exists for treating severe bee envenoming. The underlying reason for this derives from the low immunogenicity of bee venom proteins (e.g., melittin), which hinders successful immunization of production animals to yield high antibody titers in their plasma and, consequently, complicates the development of a bee antivenom significantly [5].

### 1.1 HONEYBEE VENOM:

Bee venom is a complex mixture of compounds, which include proteins, peptides, amino acids, phospholipids, sugars, biogenic amines, volatile compounds, pheromones, and a high quantity of water (>80%) [6,7,8].

#### Components of honeybee venom

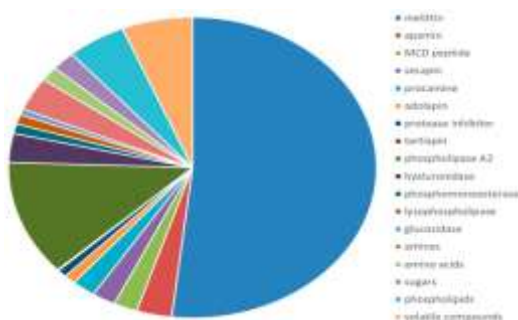
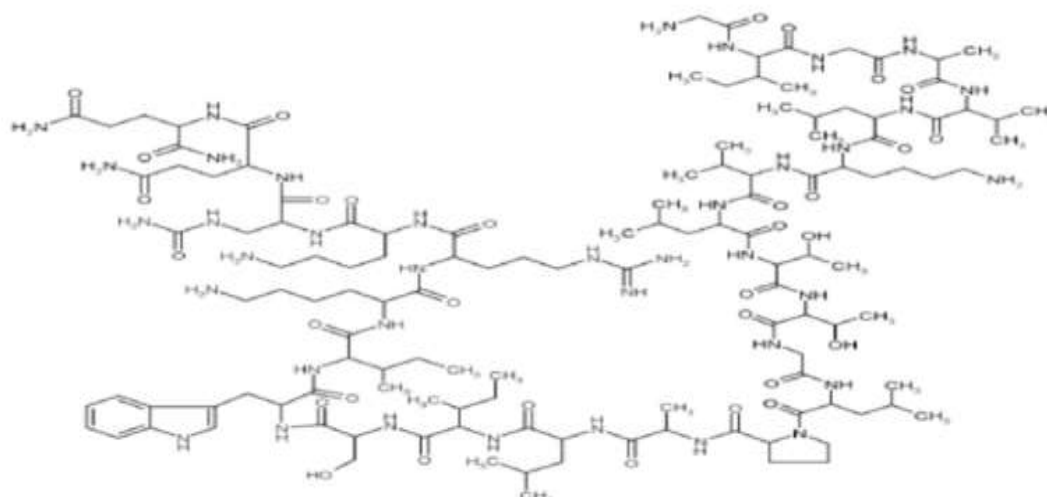


Fig:1



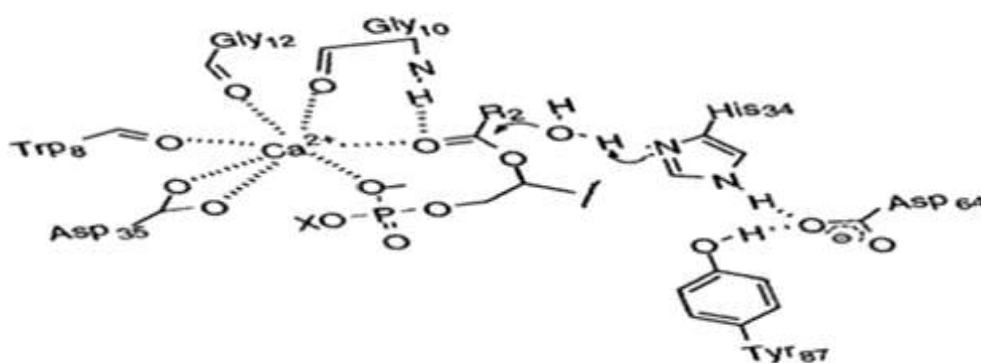
Fig:2

a) Melittin is the main and most toxic compound in bee venom, constituting 50–60% of the whole venom [9]. Melittin only induces minor allergic reactions [10] but causes most of the pain associated with bee stings [3] which is induced through direct and indirect actions on primary nociceptor cells. The direct action is caused by melittin activation of thermal nociceptor transient receptor potential vanilloid 1 (TRPV1) via the PLA<sub>2</sub> cascade pathway, resulting in sensitization of the primary nociceptors [11,12,13]. The indirect action is based on the pore-forming actions of melittin, which allows for the release of pain-inducing substances such as H<sup>+</sup>, adenosine triphosphate (ATP), and 5-hydroxytryptamine (5-HT) from mast cells, as well as melittin causes tissue damage, resulting in activation of the pain receptors. Pore formation induced by melittin can also release mediators, such as histamine, bradykinin, and ATP, which activate G-protein-coupled receptors (GPCRs), resulting in the phosphorylation of phospholipase C (PLC). PLC cleaves phosphatidylinositol 4,5-bisphosphate into diacylglycerol (DAG) and inositol 1,4,5-trisphosphate (IP3). DAG is an endogenous activator of transient receptor potential canonical (TRPC) channels, resulting in the indirect excitation of primary nociceptive neurons (i.e., pain) [3].



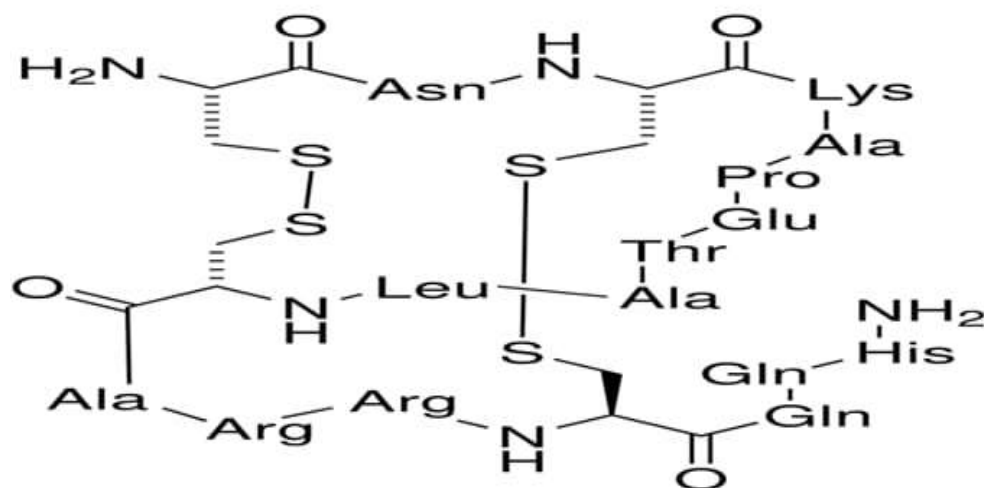
## STRUCTURE OF MELITTIN

b) Phospholipase A<sub>2</sub> (PLA<sub>2</sub>) is the second most abundant compound (10–12%) and the most allergenic and immunogenic protein in bee venom [14]. Alone, PLA<sub>2</sub> is a non-toxic protein but when PLA<sub>2</sub> forms a complex with melittin, called bee hemolytic factor, it cleaves cellular membrane phospholipids [15]. *In vitro*, bee PLA<sub>2</sub> possesses several activities, such as trypanocidal and antibacterial effects [16,17], neuronal protection caused by prion proteins, and anti-tumor properties [18]. Moreover, bee PLA<sub>2</sub> was able to decrease hepatotoxicity caused by acetaminophen in mice [19]. Phospholipase B (PLB) has also been reported to be present in bee venom [20]. PLB exhibits both PLA<sub>1</sub> and PLA<sub>2</sub> activity, being responsible for cleaving phospholipids on sn-1 and sn-2 position of acyl chains [21], which enhances PLA<sub>2</sub> activity [22].



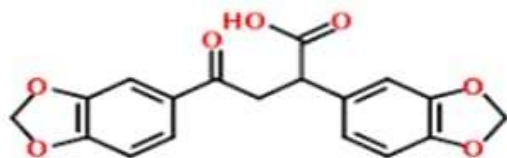
## STRUCTURE OF PHOSPHOLIPASE A2

c) Apamin is another important peptide in bee venom, which comprises 1–3% of crude venom and can allosterically and selectively inhibit Ca<sup>2+</sup>-dependent K<sup>+</sup> channels (SK channels), found in the central nervous system (CNS). Only SK2 and SK3 channels are known to be sensitive to apamin, and when blocked, there is a decrease of the delayed hyperpolarization of cells, which results in increased continuous firing of neurons in the mesencephalon and cerebellum, elevating cell sensitivity to excitatory inputs [23]. Moreover, apamin is able to activate inhibitory muscarinic receptors of motor nerve terminals (i.e., reducing neuromuscular transmission), which has been experimentally explored as a potential treatment against diseases presenting high muscle excitability [24] such as Parkinson's disease, learning deficit disorder and other disabilities [25,26].



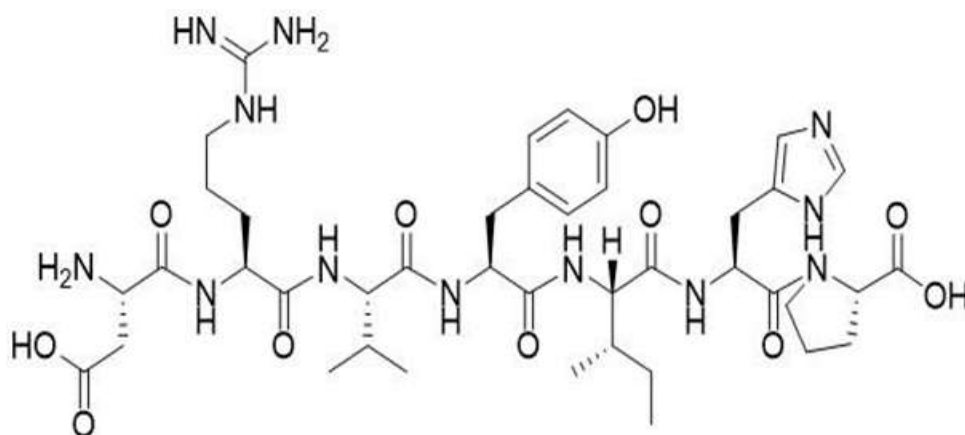
### STRUCTURE OF APAMIN

d) Hyaluronidase is an enzyme found in bee venom (1–3%), as well as many other animal venoms [27]. Hyaluronidase is responsible for fast distribution of toxins, also known as the “spreading factor,” as this enzyme cleaves hyaluronic acid from the extracellular matrix (ECM) [28,29], leading to a faster and systemic envenoming by disrupting tissues [30]. In addition, hyaluronidase is considered a potent allergen in bee venom [31].



### STRUCTURE OF HYALURONIDASE

e) Mast cell-degranulating (MCD) peptide is also considered an important component in bee venom based on its capability to induce histamine release from mast cells, which exhibit a central role on inflammation and allergy [32]. In high quantities, however, MCD presents an opposite action, where it inhibits mast cell degranulation (i.e., by inhibiting histamine release). Thus, MCD can also act as an anti-allergic molecule [33]. Indeed, studies have demonstrated that MCD peptide presents anti-inflammatory activity *in vitro* and *in vivo* [34,35].



## STRUCTURE OF MCD PEPTIDE

### ACID PHOSPHATASE

Venom acid phosphatase is a glycoprotein and a Potent allergen in BV of *Apis mellifera*. It contains Four possible sites of glycosylation with the Sequence Asn-Xaa-Ser/Thr. The motif RHGXRSP Characterizes its acid phosphatase activity and Distinguishes it from the acid phosphatase enzyme Of other organism. It responsible for IgE mediated Allergic reactions in humans. It causes the release Of histamine from sensitized basophiles related to Such manifestations has causing urticaria and flare Reactions. Approximately 37% of BV allergic Patients develop Api m 3 (acid phosphatase) Specific IgE, which can be used in immune Therapies. [Acid phosphatase: Molecular weight, 45000-96000 Da][36]

### ALPHA- GLUCOSIDASE

Alpha- Glucosidase acts on the alpha-glycosidic Bond at the non- reducing terminal side of a Substrate and liberates alpha – glucose as a product in *Apis mellifera* Lingustica, alphaglucoisidase has three isozymes [ I, II, III], Which have different substrate specifications .However, the alpha- glucosidase contained in Honey from the hypopharyngeal gland is alphaglucoisidase III, as immunological methods havr Confirmed . [37] The enzymes remain stable at a pH Ranging from 5 to 10 ( the optimum pH is 5.5 ) And is denatured at a pH lower than 4.5. It is Stable at 40 C ,but if it left standing at 60 C for 15 min, it will completely nonfunctional. Its Function is to degrade sucrose in the nectarInto glucose and fructose to degrade sucrose in Thenectar into glucose and fructose to produce Honey.[38]

## Unique Combination of Bioactive Compounds from Bee Venom

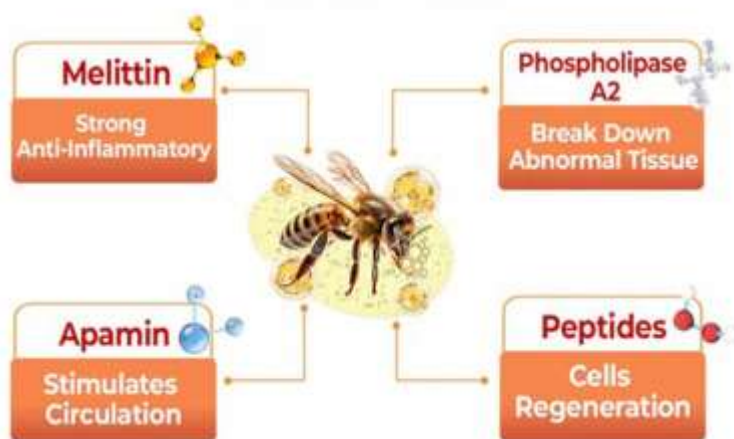


Fig:3



## HONEYBEE VENOM ACTIVITIES

### ANTI-MICROBIAL PROPERTIES OF BEE VENOM

#### Antifungal activity of bee venom:

It has been documented that melittin possesses Anti-fungal activity against *Candida albicans*. By destroying the membrane and causing cell apoptosis in a capsule or mitochondrial-dependent way. Also, bee venom is a strong agent against *Trychophyton rubrum*, *Trychophyton mentagrophytes* and *Candida albicans*. It is proved that the effect of bee venom towards *Trychophyton rubrum* and *Trychophyton mentagrophytes* is stronger than of commercially available medicine, Fluconazole.[39]

Furthermore, sweet bee venom (SVB) (Bee venom without enzymes and histamine) possesses stronger anti-fungal efficacy compared to bee venom. Both sweet bee venom and bee venom show anti-fungal capability on 10 experimental *Candida albicans* strains isolated from vagina and blood through broth micro-dilution assay, disk diffusion assay, and killing-curve assay presented that bee of *Apis cerana* has strong inhibitory activity towards *Candida albicans* as compared to *Apis dorsata* and *Apis florea*, respectively. The two constituents of bee venom, apamin and melittin, show inhibitory effect against *Aspergillus niger* and *Alternaria alternata* which cause inflammatory disease in nasal cavity. Based on the literature studies, a larger and long-term follow-up trial is needed to determine the safety and efficacy of bee venom because its safety is still a strong limiting consideration during clinical treatment.[40]

#### Anti-protozoal activity of bee venom :

Studies revealed that bee venom group III sPLA2 has anti-trypanosomiasis properties. The expression of bee venom III sPLA2 in a genetically modified mosquito midgut has inhibitory action towards plasmodium ookinetes. Additionally, cecropin (a hybrid of melittin) has anti-leishmanial efficacy for *Leishmania donovani* promastigote via disrupting its plasma membrane. Melittin disrupts the membranes integrity of both prokaryotic and eukaryotic organism which causes lysis of membrane and permeability. This kind of reaction makes melittin an antimicrobial, anti-fungal, and anti-leishmanial agent.[41] According to previous research, PLA2 shows anti-protozoal action towards *Trypanosoma brucei brucei* in controlled conditions. Bee venom peptide called Lasioglossins, possesses greater anti-microbial action because of its membrane interaction, as well as DNA binding. It has been reported that the peptide melittin possesses anti-protozoal activity against *Toxoplasma gondii*, *Trypanosoma cruzi*, *Plasmodium* and *Leishmania*. Furthermore, melittin has been utilized in vaccine preparation to enhance immunity to leishmaniasis. Also, melittin shows killing activity towards *Trypanosoma cruzi*. As we reviewed, BV possesses anti-protozoal activities but the exact effect of its compounds along with mode of action and its commercialization as a therapeutic medicine is still unknown.[42]

### NEUROPROTECTIVE ACTIVITY OF BEE VENOM

#### Parkinson Disease

Parkinson Disease is a degenerative movement disorder that leads to progressive disability in patients. The pathological hallmarks of the disease are the progressive loss of dopaminergic neurons in the substantia nigra (a basal ganglia structure found in the human brain), and the presence of Lewy bodies that contain aggregates of alpha-synuclein, a widely distributed protein in the brain [43,44]. Abnormal microglial activation is also a pathological sign in different neurodegenerative diseases, including PD [45]. Many preclinical trials investigated the effect of BV on the migration of leukocytes or microglial activation in animal and cellular models. Other tests evaluated the neuroprotective potential of BV acupuncture therapy (BVA) against rotenone-induced oxidative stress, neuroinflammation, and apoptosis in PD mice models [46]. Rotenone is a pesticide that may affect pathophysiological mechanisms that are implicated in PD [46]. Interestingly, BV proved its ability to prevent dopamine depletion after the administration of rotenone. In



addition, the locomotor activity was re-established after treating PDMice models with BV. The treatment effectively repressed DNA damage and inhibited the expression of The apoptotic Bax, Bcl-2, and caspase-3 genes in the brain of PD mice. These findings demonstrate that BV normalized all the apoptotic and neuroinflammatory markers and restored brain neurochemistry After rotenone injury . It has also been shown that BV can protect dopaminergic neurons from Degeneration in experimental PD models. Along with this finding, acupoint stimulation of lower hind Limbs with BV was found to be protective in the MPTP (1-Methyl-4-Phenyl-1,2,3,6-TetrahydroPyridine) Mouse model of PD [47].

### Alzheimer's Disease

Alzheimer's Disease is the most common neurodegenerative disease and many pathological processes are involved In its emergence [48]. However, the hypothesis of amyloid cascade and the toxicity of amyloid beta ( $A\beta$ ) peptides have dominated research so far due to advanced studies showing that aggregates of this Peptide are characteristic signs of the disease [49–51]. Although the etiology of AD remains unknown, The evidences suggest that inflammatory responses may play a crucial role in its pathogenesis [52,53]. The current treatments for cognitive loss related to AD rely on the usage of muscarinic or nicotinic Receptor ligands and the acetylcholinesterase (AChE) inhibitor [54]. As an alternative strategy, Ye et al. Showed that bvPLA2 can be used as a treatment to block the progression of AD in transgenic mice. This is due to the ability of bvPLA2 to reduce the accumulation of  $A\beta$  and improve cognitive functioning In mice brains. The same study similarly shows that bvPLA2 can increase glucose brain metabolism and Reduce neuroinflammatory responses in the hippocampus, which can limit AD pathogenesis . A Recent study also showed that regulatory T-cells populations could be modulated by bvPLA2 treatment in a rogression of AD by combining bvPLA2 treatment along with  $A\beta$  vaccination therapy to prevent its adverse inflammatory response [55].

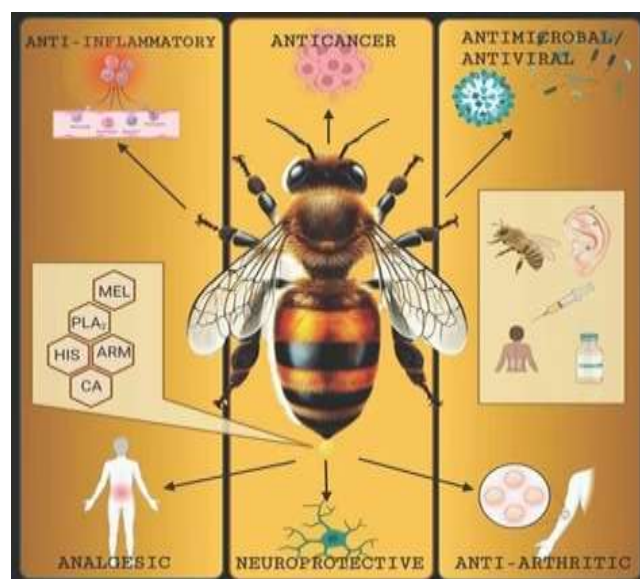


Fig:4

### Amyotrophic Lateral Sclerosis

ALS is a CNS disease that causes the death of motor neurons [56]. A significant trait of ALS is the abnormal accumulation of mutant SOD1 (mtSOD1) protein aggregates [57]. A mice model of ALS carrying the mutated mtSOD1 gene with a Glycine to Alanine substitution (SOD1G93A) was characterized by Jaarsma et al., facilitating the understanding of ALS etiology [58]. Both in vitro and in vivo studies using the mutant SOD1 transgenic mice demonstrated various cellular pathogenic events in motor neurons like protein misfolding, dysfunction of mitochondria, and accumulation of neurofilament [59]. Interestingly, BV showed some potential for counteracting this disease. In fact, the administration of BV, at a precise and symptomatic stage



of the progression of ALS, leads to an increase in motor activity in SOD1G93A mutant mice and a prolongation in life expectancy when compared with age-matched control mice. This could be caused by the blockage of activated microglia usually found in mice models of ALS [60]. Another study demonstrated that bee venom acupuncture (BVA) at ST36 inhibits neuroinflammation in the spinal cord of symptomatic ALS mice by significantly reducing the levels of inflammatory proteins like TLR4, CD14, and TNF- $\alpha$  [61].

## ANTI INFLAMMATORY ACTIVITY

Inflammation is a protective process for the body in response to harmful stimuli. Chronic inflammation led to the development of many diseases like diabetes, rheumatoid arthritis, cardiovascular disease, obesity, asthma, skin disease, and CNS related disorders [62]. Melittin, when it is administered at high doses, causes local pain, itching, and inflammation. However, low doses of bee venom compound can induce wide anti-inflammatory effects. Many reports have investigated the anti-inflammatory mechanisms of melittin in different diseases such as rheumatoid arthritis and Alzheimer. In fact, it acts by inhibiting inflammatory cytokines like interleukin-6 (IL-6), IL-8, tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) and interferon- $\gamma$ . Moreover, melittin decreases signaling pathways that activate inflammatory cytokines, including nuclear factor- $\kappa$ B, protein kinase Akt, extracellular signal regulated in *Porphyromonas gingivalis* lipopolysaccharide treated human keratinocytes [63]. These findings indicate that, by blocking their primary signaling pathways, melittin inhibits inflammatory cytokines leading to a reduced inflammation in skin, liver, joint and neuronal tissue. Regarding skin diseases, a recent study by Kim et al. showed that BV reduces atopic dermatitis, the most common allergic chronic inflammatory skin disease. In fact, the venom stimulates CD55 production by triggering ERK1/2 pathways, which leads to the alleviation of the disease's symptoms. Interestingly, a previous study by Shin et al. described the anti-inflammatory potential of bvPLA2 in skin diseases by showing that the enzyme attenuates atopic skin inflammation through interaction with CD206 [64].

## ANTIVIRAL ACTIVITY

Bee venom (BV) and its two main components, melittin and phospholipase A2 (PLA2), are well known for their antimicrobial properties and can be used as complementary agents to fight bacteria. These compounds work by creating pores in bacterial membranes, which leads to their breakdown and ultimately causes the bacteria to burst. However, their antiviral effects haven't been explored as much in the scientific literature. A recent study shed light on the antiviral potential of BV, with promising results both in lab experiments and live animal tests [65]. The research showed that BV and melittin have strong antiviral effects against a variety of viruses, including enveloped ones like the vesicular stomatitis virus, influenza A virus, and herpes simplex virus, as well as non-enveloped viruses such as enterovirus 71 and coxsackie virus. Impressively, melittin was able to protect mice from lethal doses of the influenza A H1N1 virus. While the exact way BV and melittin fight viruses isn't fully understood yet, it's clear that BV interacts directly with the virus's outer surface [66]. Additionally, BV and its components can trigger the body's production of type I interferon, a crucial part of the immune response that helps block viral replication inside infected cells. Research at Washington University School of Medicine in St. Louis has even explored using nano particles loaded with melittin to specifically target and destroy HIV particles without harming healthy cells. This innovative approach aims to develop a vaginal gel containing these nanoparticles to prevent the spread of HIV. The idea is that the melittin on the nanoparticle merges with the virus's envelope, forming pore-like structures that break it open [67].

## IMMUNO MODULATORY ACTIVITY

Bee venom, a complex substance produced by honeybees, contains several bioactive compounds that have garnered increasing interest for their potential immunomodulatory effects. The major components of bee venom include melittin, phospholipase A2, hyaluronidase, apamin, and several peptides, enzymes, and proteins. These compounds interact with various components of the immune system, triggering both innate and adaptive immune responses. Melittin, one of the primary peptides in bee venom, has been shown to



exhibit anti-inflammatory and antimicrobial properties. It can induce the release of proinflammatory cytokines such as tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) and interleukins (IL-1, IL-6), which play crucial roles in immune system regulation [68]. Furthermore, melittin can activate macrophages and dendritic cells, key players in the body's defense against pathogens. Phospholipase A2\* in bee venom also has potent immunomodulatory effects, particularly through the breakdown of phospholipids in cell membranes, which generates arachidonic acid and subsequent inflammatory mediators like prostaglandins and leukotrienes. This action contributes to both local and systemic inflammatory responses, which can be beneficial in cases of immune dysregulation. Additionally, bee venom's hyaluronidase promotes the spread of other active components, enhancing tissue penetration and increasing the venom's efficacy in modulating immune responses. The venom's ability to modulate immune activity extends to its potential therapeutic applications [69]. For instance, studies suggest that bee venom might help in the treatment of autoimmune diseases, where the immune system mistakenly attacks the body's own tissues, by regulating T-cell responses and promoting a more balanced immune activity. It is also proposed that bee venom could improve circulation and stimulate the lymphatic system, which aids in the removal of toxins and enhances the body's natural defense mechanisms. In conditions involving chronic inflammation, bee venom's capacity to down regulate overactive immune responses and reduce inflammatory cytokine production may offer relief. Moreover, bee venom's anti-cancer potential has been explored, as some studies suggest that it can inhibit the growth of cancer cells through immune system activation and direct cytotoxic effects. However, despite the promising findings, much of the research is still in early stages, and more clinical trials are required to fully understand the therapeutic potential, safety, and optimal usage of bee venom for immune system modulation [70].

## PROPERTIES OF BEE VENOM

Bee venom is an odorless, translucent fluid with pungent scent. It has an unpleasant taste and pH from 4.5 to 5.5. It is dissolvable in water and insoluble in ammonium sulfate as well as alcohol. Due to the oxidation of BV protein, the dehydrated BV becomes light pale, while some variants available on the market are brown. Also, BV contains about 88 % of water. Additionally, the venom contents like phospholipid, fructose and glucose are similar to the contents present in bee hemolymph. Due to its components, in direct contact with eyes or mucous membranes, BV causes mechanical damage[71].

## STABILITY OF BEE VENOM

A study found that diluting BV 3000 and 4000 times can keep it stable for 12 months at ambient temperature and refrigerator temperature. However, in the same investigation, diluted BV maintained at ambient temperature for 12 months did not demonstrate antibacterial action against *Staphylococcus aureus*, although diluted BV stored in a refrigerator did. Impact of the component responsible for the antibacterial activity of BV reduces at room temperature, according to this study[72]. Another study, conducted in 2021, assessed stability of melittin, a component of BV known to be responsible for several biological effects such as anticancer, antiviral, and anti-inflammatory. Melittin concentration of identical BV held at ambient temperature and in the refrigerator for 6 months was quantified using a reversed phase high performance liquid chromatography (HPLC) technique with a photodiode array (PDA) detector in this study, and no significant difference was found. Melittin's remarkable stability, even at room temperature, lowers the storage costs for BV makers [73].

## CONCLUSION

Honey bee venom is a complex and biologically active natural substance consist of various compositions such as melittin, apamin, adolapin, phospholipase A2, secabin, hyalurodinase, acid phosphatase. These compositions exhibits a vast pharmacological activity inflammatory, immunomodulatory anti-viral, and such as anti-cancer, neuroprotective properties. It also applicable for the treatment of neurodegenerative disorders like Alzheimer's disease, Parkinson's disease. The bioactivities in bee venom also treat for various conditions such as chronic pain disorders, arthritis and cancer. The clinical application of bee venom is



limited due to the potential allergic reactions. Although the bee venom therapeutic applications explained in the current research, but in ancient times apitherapy, bee venom therapy and bee venom acupuncture are evolved. In summary, with the responsive scientific exploration and various advancement in technology, bee venom may become a valuable compound of conventional medicine in the future.

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