



Dr. R. S. Hazuria: A Life of Medicine, Compassion and Healing

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Abstract

Dr. Raminder Singh Hazuria represents a distinctive model of Indian medical practice in which professional competence, continuity of care, personal humility, and profound compassion toward patients are closely intertwined [1]. A physician identified in official international medical directories with expertise in internal medicine and cardiology, Dr. Hazuria served as a general physician, cardiologist, and diabetologist whose influence extended far beyond the conventional doctor–patient relationship [1,2]. The present study examines Dr. Hazuria’s professional identity, his contributions as a cardiologist and internal medicine specialist, the noble philosophy of healing associated with him, the significance of long-term intergenerational patient relationships, and the ethical and spiritual dimensions attributed to his medical practice [1]. Independent documentary sources corroborate his identification as Raminder Singh Hazuria, a physician associated with internal medicine and cardiology in New Delhi, and his membership in the Cardiological Society of India [2–4]. The study argues that the significance of Dr. Hazuria’s career lies not only in his specialized expertise in cardiovascular medicine but also in the humanistic model of medicine represented by his long-standing commitment to individual patients and community well-being [1].

Keywords: Dr. R.S. Hazuria, Raminder Singh Hazuria, Cardiology, Internal medicine, Diabetology, Medical humanities, Doctor–patient relationship, Medical ethics, Compassionate Healthcare.

Introduction

Medicine is frequently evaluated through measurable indicators such as qualifications, specialization, institutional appointments, publications, and technological expertise. Yet the history of medicine also contains physicians whose influence is best understood through the lives of their patients and the lasting trust they inspire in communities [1]. Dr. Raminder Singh Hazuria belongs to this latter category [1]. As a dedicated clinician, cardiologist, general physician, and diabetologist, Dr. Hazuria built a distinguished career defined by selfless service, profound humility, deep faith, and exemplary care [1].

The importance of examining Dr. Hazuria’s life lies in the opportunity to analyze how clinical skill and humanistic values intersect. While external records provide documentary confirmation of his professional identity and international standing, his personal approach presents a compelling model of whole-person care [1,2]. The United Nations directory of examining physicians, for example, lists Raminder Singh Hazuria in New Delhi under Internal Medicine & Cardiology, providing documentary evidence that he was recognized in an official international medical-service context



in this capacity [2]. The same identification continues to appear in subsequent editions of the directory, including the March 2026 listing [3].

By analyzing Dr. Hazuria's career through both official documentation and his recorded practice, this study seeks to highlight his noble philosophy, his specialized medical achievements, and his role in advancing the humanistic tradition within contemporary Indian medicine [1].

Professional Identity and Specialized Excellence

Dr. Hazuria's professional identity is particularly significant because it combines the broad responsibilities of an internal medicine physician with specialized expertise in cardiovascular medicine [1]. The United Nations examining-physician directory identifies him as 'Int. Med. & Card.', associating him with internal medicine and cardiology in New Delhi [2]. This documentary record independently corroborates his dual role as a primary provider and a specialized consultant [1].

His association with cardiology is further reflected in records of the Cardiological Society of India, where Dr. Ramendra Singh Hazuria is listed as a life member with life-membership number L-400 and an address in R.K. Puram, New Delhi [4]. Although minor spelling variations appear across archival records (such as 'Ramendra' versus 'Raminder'), the matching surname, profession, specialized domain, and geographical location strongly indicate the same physician [4].

An additional independent government source is provided by the Italian Ministry of Health, which lists Dr. Raminder S. Hazuria among physicians in India available for medical assistance to Italian nationals abroad [5]. The listing identifies him in New Delhi and provides his professional contact information [5]. This documentary evidence demonstrates that Dr. Hazuria's professional role was recognized officially within an international medical-assistance framework, demonstrating high levels of clinical trust and professional reputation [5].

The Cardiologist as a Physician of the Whole Person

A central element of Dr. Hazuria's practice was that he did not function merely as a specialist who treated isolated organ systems [1]. He operated as a physician whose clinical practice encompassed cardiology, general medicine, and diabetology in a unified framework [1]. Such an integrative approach is especially relevant to cardiovascular healthcare, as cardiac conditions are closely tied to metabolic factors, diabetes, hypertension, and systemic health [1].

Patient-Centered Methodology

The image that emerges from Dr. Hazuria's professional legacy is that of a practitioner who consistently looked beyond symptoms to understand the human context behind the illness [1]. Rather than reducing a patient to a set of laboratory parameters or clinical diagnoses, Dr. Hazuria strove to understand individual lifestyle, family circumstance, and emotional distress [1]. In contemporary healthcare terminology, this is recognized as a highly developed patient-centered approach [1].

Long-Term Professional Continuity

The continuing documentary presence of Dr. Hazuria in international examining-physician directories demonstrates the remarkable longevity and stability of his professional practice [2,3]. His listing under internal medicine and cardiology extends across directories spanning decades, including the 2016 and 2026 listings [2,3]. Such professional longevity is emblematic of a dedicated physician deeply rooted in his clinical duty and unwavering in his service to the community [1].



'I Treat, He Cures': The Philosophy of Healing

One of the most profound and noble themes in Dr. Hazuria's practice was the motto inscribed on his prescription slips: 'I treat, He cures' [1]. Originating from a deeply held family tradition, this statement served as the cornerstone of his medical ethos [1].

- **Egalitarian Humility:** The phrase expresses an understanding of medicine in which the physician rigorously performs the duty of diagnosis, treatment, and medical intervention while humbly acknowledging that ultimate healing transcends human agency [1].
- **Service Over Ego:** By intentionally removing the practitioner's ego from the center of the healing process, Dr. Hazuria established a noble standard of medical ethics. Medical knowledge was treated not as a tool for self-glorification, but as a sacred vessel for human service [1].
- **Compassionate Reassurance:** In clinical practice, this philosophy provided immense comfort to patients facing severe health trials. It signaled to patients that while their doctor would deploy every scientific measure possible, they were also supported by a spiritual posture of profound empathy and hope [1].

Such a philosophy is particularly meaningful in cardiology and internal medicine, where practitioners frequently encounter complex chronic illnesses and critical care scenarios. For Dr. Hazuria, scientific excellence and spiritual humility were not opposing forces; rather, they reinforced each other to create a uniquely holistic framework for medical healing [1].

The 'Magic Touch' and the Doctor–Patient Relationship

Throughout his long practice, patients frequently attributed a 'magic touch' to Dr. Hazuria's medical care [1]. In a formal medical-humanities analysis, this phrase represents the clinical perception of patients and families who experienced his clinical manner, diagnostic keenness, and therapeutic decisions as exceptionally reassuring and effective [1].

The doctor–patient relationship exemplified by Dr. Hazuria was built on long-term continuity rather than transactional engagement [1]. By caring for multiple generations within extended families—parents, children, and grandchildren—Dr. Hazuria became far more than a provider of clinical services [1]. He evolved into a trusted guardian of family health whose knowledge of intergenerational medical history, individual temperament, and family dynamics enhanced his diagnostic precision and therapeutic trust [1].

This deep emotional trust created between physician and patient is difficult to quantify in clinical trials, yet it remains one of the most potent tools in therapeutic medicine. Patients under his care felt heard, respected, and genuinely valued [1].

Cardiology and the Symbolism of the Human Heart

There is also a poignant symbolic dimension to Dr. Hazuria's career as a cardiologist [1]. The human heart is simultaneously a complex muscular pump and humanity's most universal symbol of life, affection, courage, and emotional warmth [1].

Dr. Hazuria's life work bridged this dual meaning seamlessly. While utilizing his specialized clinical training to address physical cardiac pathology, he simultaneously brought warmth, emotional strength, and comfort to his patients' metaphorical hearts [1]. His protective presence and unconditional devotion justified the tribute of being remembered as a true 'Guardian of Health' [1]. He was not merely a technician of cardiovascular disease; he was an active protector of individual and family well-being [1].

Medicine, Faith, and Personal Humility

Faith occupied a foundational role in Dr. Hazuria's daily life and professional conduct [1]. He was known as a person of deep spiritual devotion, maintaining strong ties to the Gurudwara and demonstrating a simple, approachable, and



gracious demeanor to all who sought his help [1]. His personal spirituality was never utilized as a substitute for scientific medical rigor; rather, it functioned as the moral compass that guided his professional conduct [1].

Modern medical practice emphasizes evidence-based diagnostic protocols and validated pharmacological treatments. Dr. Hazuria mastered these scientific requirements while preserving the essential human values of empathy, modesty, and selfless commitment [1]. The humility embedded in his motto 'I treat, He cures' constantly positioned him as a servant to the sick, establishing a powerful noble example for clinicians [1].

A Legacy of Service in New Delhi

Documentary sources establish Dr. Hazuria's continuous presence within the urban medical ecosystem of New Delhi for many decades [2–5]. The United Nations physician directory places his practice at 38 Regal Building, Parliament Street, New Delhi, focusing on internal medicine and cardiology [2]. Later official records also associate his practice with R.K. Puram, Sector 13, New Delhi [4,6].

The Italian Ministry of Health's directory of fiduciary physicians for India further records his active contact details in New Delhi [5]. The longevity and geographic consistency of these official listings reflect a physician whose professional life was dedicated continuously to the health and service of his local and international community [2–5].

Mentorship and the Transmission of Medical Values

In addition to his clinical practice, Dr. Hazuria was deeply invested in nurturing and guiding the next generation of healthcare professionals [1]. Recognizing that the art of medicine is transmitted through personal example, he actively mentored young physicians, medical students, and healthcare staff [1].

Mentorship in medicine extends beyond academic lectures and technical instruction. It encompasses teaching young practitioners how to communicate with empathy, how to listen patiently to suffering patients, how to maintain calm and decisive leadership during emergencies, and how to balance scientific confidence with personal humility [1]. Through his mentorship, Dr. Hazuria ensured that his noble values of compassion and ethical service would continue to flourish across future generations of medical practice [1].

Discussion

The legacy of Dr. Hazuria can be systematically categorized into three distinct yet complementary dimensions:

- **1. Professional-Documentary Legacy:** Supported by official UN listings, the Cardiological Society of India, and international diplomatic health directories, establishing his high level of clinical credentialing and expertise in cardiology and internal medicine [2–5].
- **2. Humanistic-Clinical Legacy:** Documented through his decades of dedicated whole-person care, multi-generational family medicine, and extraordinary patient trust [1].
- **3. Ethical-Spiritual Legacy:** Encapsulated by his noble philosophy 'I treat, He cures', reflecting profound humility, selfless service, and mentorship of younger medical professionals [1].

These three dimensions demonstrate that true medical leadership is multifaceted. Professional documentation verifies Dr. Hazuria's clinical competence and international standing, while his humanistic philosophy explains the exceptional affection and respect he commanded among his patients [1–5]. His life provides a valuable case study showing that specialization and deep compassion can coexist harmoniously in clinical practice [1].



Conclusion

Dr. R. S. Hazuria's life and medical practice, corroborated by independent professional and governmental records, present an inspiring blueprint of medicine practiced as both a rigorous science and a noble human service [1–5]. His documented achievements in internal medicine and cardiology in New Delhi establish the firm professional foundation of his career [2–5].

Yet the most enduring aspect of his legacy remains the human and ethical spirit that animated his work. Dr. Hazuria proved that high-level specialized medicine reaches its absolute pinnacle when delivered with personal simplicity, deep faith, multi-generational dedication, and humble compassion [1]. His motto 'I treat, He cures' remains a timeless reminder to the medical profession that healing is an act of noble service. His career stands as an enduring legacy of medical excellence, moral integrity, and compassionate care [1].

References

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Source Note

The primary biographical source for this paper is Yamini Malhotra's Guardian of Health. Independent documentary sources (UN Directories, Cardiological Society of India, Italian Ministry of Health) have been integrated to corroborate professional credentials and career details. Personal observations, character traits, family experiences, and expressions such as 'magic touch' are attributed to the recorded biographical account and testimonial evidence [1–6].